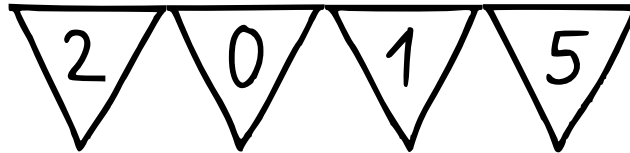


# Spiritual Resolutions



## My journey with God last year:

Where I saw God:

Where I needed God:

Questions:

## My vision with God this year:

Hopes:

Needs:

Fears:

## Spiritual practices to begin or continue:

\_\_\_\_ Participate in weekly worship

\_\_\_\_ Daily prayer (and listening to God!)

\_\_\_\_ Bible Study

\_\_\_\_ Care for God's creation

\_\_\_\_ Give sacrificially to SCM and other charities

\_\_\_\_ Serve others in need in the community

\_\_\_\_ Keep the Sabbath (it's ok to say no to things!)

\_\_\_\_ Practice Gratitude

\_\_\_\_ Forgive others

\_\_\_\_ Share your story

\_\_\_\_ (Other)

Signed, \_\_\_\_\_